

Optional Day Tours

Italy

Make the most of your free time in Sorrento.
Your Travel Manager, Hope Johnson from TravelManagers,
has put together a selection of private day tours
exclusively for retreat attendees and their guests.

Manual Therapy Retreat Italy, Sorrento 2027

Grand Hotel Vesuvio, Sorrento

TravelManagers
As individual as you are

Pompeii Tours



Wine & Pompeii Half Day

Days available: Wednesday 12 May

Price: $250 AUD per person

Minimum guests: 10 guests

Enjoy a private guided tour of the ancient ruins of Pompeii, discovering the fascinating history of this remarkably preserved Roman city following the eruption of Mount Vesuvius in AD 79. Afterwards, savour a leisurely lunch at Borgo De Medici, sampling local Campania cuisine before your private driver returns you to Sorrento.
Includes lunch plus your first drink (additional drinks available to purchase).



Half Day Tour of Pompeii Excavations

Days available: Mon 10 & Tue 11 May

Price: $140 AUD per person

Minimum guests: 10 guests

Travel from Sorrento to explore the extraordinary ancient Roman city of Pompeii with an expert archaeological guide. Wander the historic streets and discover fascinating landmarks, including the Forum, Stabian Baths, ancient theatres and beautifully preserved Roman homes - a glimpse into life nearly 2,000 years ago.

Island & Coast Tours



Capri Island by Boat & Bus with Blue Grotto Experience (Full Day)

Days available Wednesday 12 May | Saturday 15 May

Price $350 AUD per person

Minimum guests 10 guests

Discover the beautiful island of Capri on a scenic boat cruise from Sorrento. Enjoy a guided tour of the island's charming historic centre, the famous Piazzetta and the stunning Augustus Gardens, with spectacular views of the Faraglioni rocks. Enjoy free time to explore at your own pace before cruising past Capri's picturesque caves and returning to Sorrento along the stunning coastline. Hotel pick-up and drop-off included.



Amalfi & Positano Boat Tour

Days available Wednesday 12 May | Saturday 15 May

Price $370 AUD per person

Minimum guests : 10 Guests

Collected from your hotel, enjoy a scenic boat trip along the stunning Amalfi Coast, with opportunities to swim and admire the beautiful coastal scenery along the way. Explore the charming streets of Positano at your leisure before continuing to Amalfi to discover its historic architecture, impressive cathedral and local delicacies. Relax on the return journey to Sorrento with a refreshing limoncello. Hotel pick-up included.

Schedule

	Sunday 9 May	Monday 10 May	Tuesday 11 May	Wednesday 12 May	Thursday 13 May	Friday 14 May	Saturday 15 May	Sunday 16 May
Morning	Attendees arrive at the Grand Hotel Vesuvio	Conference Arrangements	Conference Arrangements	FREE DAY DAY TOURS Capri & Blue Grotto Full day | $350pp Amalfi & Positano Boat Tour Full day | $370pp	Workshop #4 9am - 11am Morning Tea Workshop #5 11:15am - 1:15pm	Workshop #6 9am - 1pm Morning Tea	DAY TOURS Capri & Blue Grotto Full day | $350pp Amalfi & Positano Boat Tour Full day | $370pp	Check-out Day
Afternoon		Lunch 12pm DAY TOUR Pompeii Excavations Departs 2pm $140pp	Lunch 1:15pm DAY TOUR Pompeii Excavations Departs 2:30pm $140pp	Wine & Pompeii Half day + lunch $250pp Or explore Sorrento at your own pace	Lunch 1:15pm ACE Race 3pm - 4:30pm	Lunch 1pm ACE Olympics 3pm - 4:15pm Next location announcement 4:30pm		Start dreaming about the next ACE Retreat...
Evening	Retreat Opening: Welcome drinks 5pm - 7pm						Farewell Dinner 7:30pm - 9:30pm	

Optional day tours are shown in yellow. Prices are per person in AUD, minimum guest numbers apply and tours are subject to availability.

To book, contact Hope Johnson, TravelManagers: 0437 669 016 | hope.johnson@travelmanagers.com.au

Private Transfers & How to Book

Travelling with friends? Private transfers can be arranged for retreat attendees and their guests - sharing a vehicle with fellow attendees is a great way to save. All prices in AUD.

VEHICLE	CAPACITY	PRICE	PER PERSON
Sedan car	Private car	$525	-
Minivan	Up to 7 passengers	$750	$110 pp
Minibus	Up to 20 seats	$1,452	$75 pp



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Contact Hope to reserve your preferred tour or private transfer. Tours are subject to availability and minimum numbers.